



ADHD Australia is an organization that is working to improve the quality of life for people with ADHD. The link below is a comprehensive guide on ADHD that would be useful to anyone who is looking to learn about this neurodiverse variation.

<https://www.adhdaustralia.org.au/wp-content/uploads/2019/09/What-is-ADHD-201909-v1.4-web.pdf>

### **Universities**

It is likely that some of your students have been diagnosed with ADHD. It is important to educate yourself about ADHD so you can best support your students in the classroom. To learn more about ADHD, check out the links below.

<https://www.adhdaustralia.org.au/about-adhd/>

<https://www.adhdaustralia.org.au/about-adhd/what-is-attention-deficit-hyperactivity-disorder-adhd/>

<https://www.adhdaustralia.org.au/about-adhd/the-role-of-executive-functioning-in-adhd/>

<https://www.adhdaustralia.org.au/about-adhd/observed-behaviours-of-adhd/>