

Mentee

About me

You may want to spend time collating some information about yourself prior to meeting your mentor. This helps the mentor to understand what you want to get out of the mentor-mentee relationship and they can refer back to this information if required.

NAME	
INTERESTS: things I like talking about	
INTERESTS: things that I like learning about	
STRENGTHS What my strengths are (what I am good at)	
SUPPORTS What skills and strategies I would like to develop?	
STUDY What study and upskilling opportunities would you like to explore?	
MY EMPLOYMENT goals What career pathways and networks would you like to explore with your mentor	
What do you hope to get out of the mentor-mentee relationship?	

OTHER, anything else about yourself that you think your mentor should know ie: pets, family.