

Mentor

'About me'

You may want to spend time collating some information about yourself prior to meeting your mentee. This will help minimise anxiety and uncertainty for your mentee and help them to prepare for your first meeting.

NAME	
INTERESTS: things I like talking about or learning about	
STRENGTHS What my strengths are (what I am good at)	
BRIEF OUTLINE OF WORK EXPERIENCE	
OUTLINE OF ANY STUDY	
NETWORKS OR GROUPS involved in	
What I hope to get out of being a mentor	
OTHER , anything else you would like your mentee to know ie: pets, favourite sport, family etc	