

REGULAR DAY OF CLASS

CHECKLIST

- Wake up on time
- Complete your morning personal care routine (eg: shower, medications, breakfast etc)
- Make sure you have all your supplies for your class(es) (books, laptop, notebooks, water bottle etc)
- Leave your room with enough time to make it to class at least 5mins early.
 - If you have a strong preference for where you sit in class, aim to be there 10-15mins early.
 - If there is a class in your assigned classroom before your class starts wait patiently for the class to end, and everyone to exit the room.
- Turn volume off phone/laptop
- Get your materials ready as soon as you sit down

Dos and Dont's

- Do write down your questions as the professor will likely have time for questions at the end
- Do Wait for the professor to officially end class before leaving
- Don't ask more than 3 questions- if you have more questions, you can email the professor and set up a time to meet during their office hours.
- Don't interrupt your professor or your classmates